

# Who Is This Monster (or Treasure) in My House?

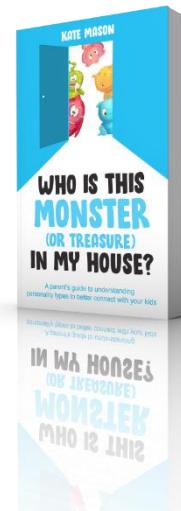
A Parent's Guide to Understanding Personality Types to Better Connect with Your Kids

By 'Australia's Personality Coach' Kate Mason

What is the best thing about parenting? The joy that our children bring us.

The worst thing? Sometimes we just don't know what makes them tick.

Parenting can be a tough gig, as every child is unique. Identifying the personality types of both you and your offspring can give you insights that will change your life – and your children's lives!



*In Who Is This Monster (or Treasure) In My House?*, Kate shares her forty years of coaching experience – in business, schools and parenting workshops, and through raising her own two 'monsters' – to explain and teach you how to recognise your children's innate personality gifts and treasures.

Using humour, facts and fun, she shares the personality tools that provide you with a new understanding and knowledge about the personalities in your household. Solutions and helpful hints build skills and resilience that will help you solve the 'monster' moments and connect with your 'treasures' more than ever before.

Start your personality journey now – you won't be disappointed.

## The Author: Kate Mason



**KATE MASON** is passionate about people, personalities and parenting. Bringing these three things together is what creates harmonious and happy relationships in business and at home.

As a qualified personality coach, international keynote speaker, business owner and school teacher, and host of the *Personalities, Parenting, and Partners* podcast, her mission is to help others understand the innate personalities of those around them so that they can build stronger, richer, more successful lives.

Kate has spent the last forty years using personality tools such as the Myers-Briggs Type Indicator on her family, on her friends, and in business. She has witnessed the enormous changes that can be made in human dynamics when we learn to understand our monsters and work out where to find the treasures in our relationships.

Building the skills required to value each other's strengths and limitations and having open conversations in which each person's view is heard and valued, is crucial. Helping our offspring accept when they are wrong, developing their self-worth, teaching them the difference between bullying and constructive criticism, and making them feel loved and safe enough to express their own opinions is a parental dream that Kate believes is possible!

She believes that educating parents about their family's personalities will ultimately bring into the world something that is missing today: a strong, resilient, and emotionally intelligent generation.

As a partner and mother of two, Kate uses facts, fun and humour to help you communicate successfully with everyone in your life.

***"Who Is This Monster (or Treasure) in My House?" helps parents to...***

**1**

**Understand all the personalities in their home.**

Kate guides readers through assessing their, their partner's, and their child's (or children's) Myers-Briggs Type Indicator (MBTI) personality type.

**2**

**Gain insight into what drives each family member.**

Uncover the unique perspectives, behaviours, and thought patterns of everyone in the household, to truly 'get' them.

**3**

**Connect better with all their little monster-treasures.**

Use these new-found personality insights to connect more effectively with one another and nurture deeper, more fulfilling relationship with those who mean the most.

**What others are saying...**

*"As a first-time parent, it's important to me that I do whatever I can to better understand who my son is and respect what makes him different and special. Kate's book is a treasure trove of practical insights that help me do just that!"*

**Alisia Rampersad** – Expert boy-mommy and homemaker

*"I love personality-type analysis. And I love my kids. Combine the two, and you've got me. The workbook style of Who Is This Monster (or Treasure) in My House? Is the perfect handbook for understanding what makes each member of our household tick. Not only has it resulted in more meaningful connections, but it's such fun to dive into as a family."*

**Kenneth Alexander** – Entrepreneur and dad

*"Packed with insights and thought-provoking exercises. Highly recommended if you want the best for your kids and your family!"*

**Charlene Allen** – Marketing consultant and mom of three

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